

BURNABY GIRLS



Shoot Out Competition 2019

- This is a Penalty Kick Competition
- All penalty shot rules apply.

- All players from each team shoot once. If one team has more players, then the team with fewer players WHO HAVEN'T SCORED YET shoot twice to create equal attempts for both teams.

- Scoring attempt ends with a save or ball going off the end line, no rebounds.
- The team with the most goals gets 3 points, the other team 0.
- In the event of a tie – sudden death occurs with one shooter from each team. The shooters selected must not have scored already.
- The team with most overall points in group wins the medals.
- In the event of a tie in points the following rules apply:
 - 1) Head to head winner
 - 2) Total goals in all shoot outs
 - 3) Coin toss

U8-U12 – Size 4 soccer balls

U13+ - Size 5 soccer balls